

AQUATICS SCHEDULE

INSTRUCTIONAL POOL

January 6th – June 8th THE YMCA OF GREATER KALMAZOO **MAPLE**

1001 W. Maple Street

Questions? Contact Association

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For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events.

SUN	MON	TUE	WED	THUR	FRI	SAT
Family Swim 11:05a -2p	Shallow Water 8a-8:50a	Adult Open 8a-9a	Shallow Water 8a-8:50a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8:05a-8:50a
Safety Break Pool Closed 2p-2:15p	Shallow Water Exercise 9a -10a	Shallow Water Exercise 9a-10a	Shallow Water Exercise 9 9a -10a	Shallow water Exercise 9a-10a	Shallow Water Exercise 9a -10a	Shallow Water Exercise 9a-10a
Family Swim 2:15p-4:30p	Swim Lessons 10a-11a	Swim Lessons PreK 10a-11a	Swim Lessons PreK 10a-11a	Swim Lessons PreK 10a-11a	Arthritis 10a-11a	Family Swim 10a-2p
Pool Closed 4:30p	Family Swim 11a – 11:50a	Family Swim 11a-12p	Swim Lessons 11a-12p	Aqua Tai Chi 11a - 11:45	Adult Open 11-11:50a	Safety Break Pool Closed 2p-2:15p
	Adult Open 12p-12:50p	Shallow Water Exercise 12p-12:45p	Arthritis 12p-12:45p	Shallow Water exercise 12p-12:45p	Family Swim 12p-5:50p	Family Swim 2:15p-4:30p
	Adult Open 1p – 1:50p	Arthritis 1p-2p	School Group 1p-1:50p	Arthritis 1p-2p	Pool Closed 6p	Pool Closed 4:30p
	Family Swim 2-2:50p	Adult Open 2p - 3p	Adult Open 2p - 3p	Adult Open 2p-3p		
	Arthritis Plus 3p-4p	Family Swim 3p-3:50p	Family Swim 3p-3:50p	Family Swim 3p-3:50p		
	Swim Lessons 4p-6:30p	Swim Lessons 4p-7p	Swim Lessons 4p – 5:15p	Swim Lessons 4p-6:30p		
	Pool Closed 6:30p	Pool Closed 7p	Shallow Water Exercise 5:15 - 6p	Pool Closed 6:30p		
			Arthritis Plus 6:15p - 7p			